

# The Fastest Way Back



Dr. Mark Sanders is changing the face of recovery for athletes, with his unconventional approach to sports injuries.

Renowned for his ability to rapidly return his patients to both sports and their regular routines, he specializes in knee ligament and rotator cuff injuries and boasts one of the highest rates of success - getting ACL patients back in the game in three months and addressing most shoulder instability problems non-surgically.

As an athlete and physician, Dr. Sanders recognizes the fastest return to activity and healthy joints depends on an overall strengthening program specific to the patient.

Dr. Sanders is listed among  
H Texas magazine's 2004 Top Docs

Official HealthCare  
Provider of the  
Houston SX

## Taking Appointments

Sanders Clinic accepts Medicare, Workman's Compensation and most insurance plans.

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